Help the baby find a way to get out of the smoke filled car! Some places have a law which makes it illegal to smoke in a car if there are children in the car too. Encourage your government to do the same.

Smoking cigarettes, marijuana, cigars or a **pipe**, causes **pollution** in the **air**. People nearby are **passive** smokers because, although they do not choose to smoke, they are actually **breathing** in the smoke too.

Children are more likely to get <u>sick</u> from <u>tobacco</u> smoke with illnesses like <u>coughing</u> and <u>wheezing</u>, <u>pneumonia</u>, <u>bronchitis</u>, <u>ear</u> infections and <u>asthma</u>. They are often burnt when they play with matches or lighters.

If someone in your family smokes, ask if the house and <u>car</u> can be smoke-free zones. Move away from cigarette smoke or ask politely that they put out their cigarette and encourage them to quit smoking.

Some of the bad things in <u>cigarettes</u> or its smoke are <u>nicotine</u>, <u>tar</u>, <u>methanol</u>, <u>acetone</u>, and <u>carbon</u> <u>monoxide</u> which reduces the oxygen in blood - so people can develop <u>heart disease</u>. There are other poisons such as <u>arsenic</u>, <u>ammonia</u>, <u>DDT</u>, <u>cadmium</u>, <u>naphthalene</u>, and <u>cyanide</u>. Many of these chemicals can also cause <u>cancer</u>. Cancer can attack the <u>mouth</u>, <u>larynx</u>, <u>esophagus</u>, and <u>bladder</u>. <u>Lung</u> cancer and <u>emphysema</u> are common diseases caused by smoking and result in the <u>deaths</u> of many people in Australia. Even a baby in a pregnant mother may be <u>stillborn</u> if the mother smokes.



