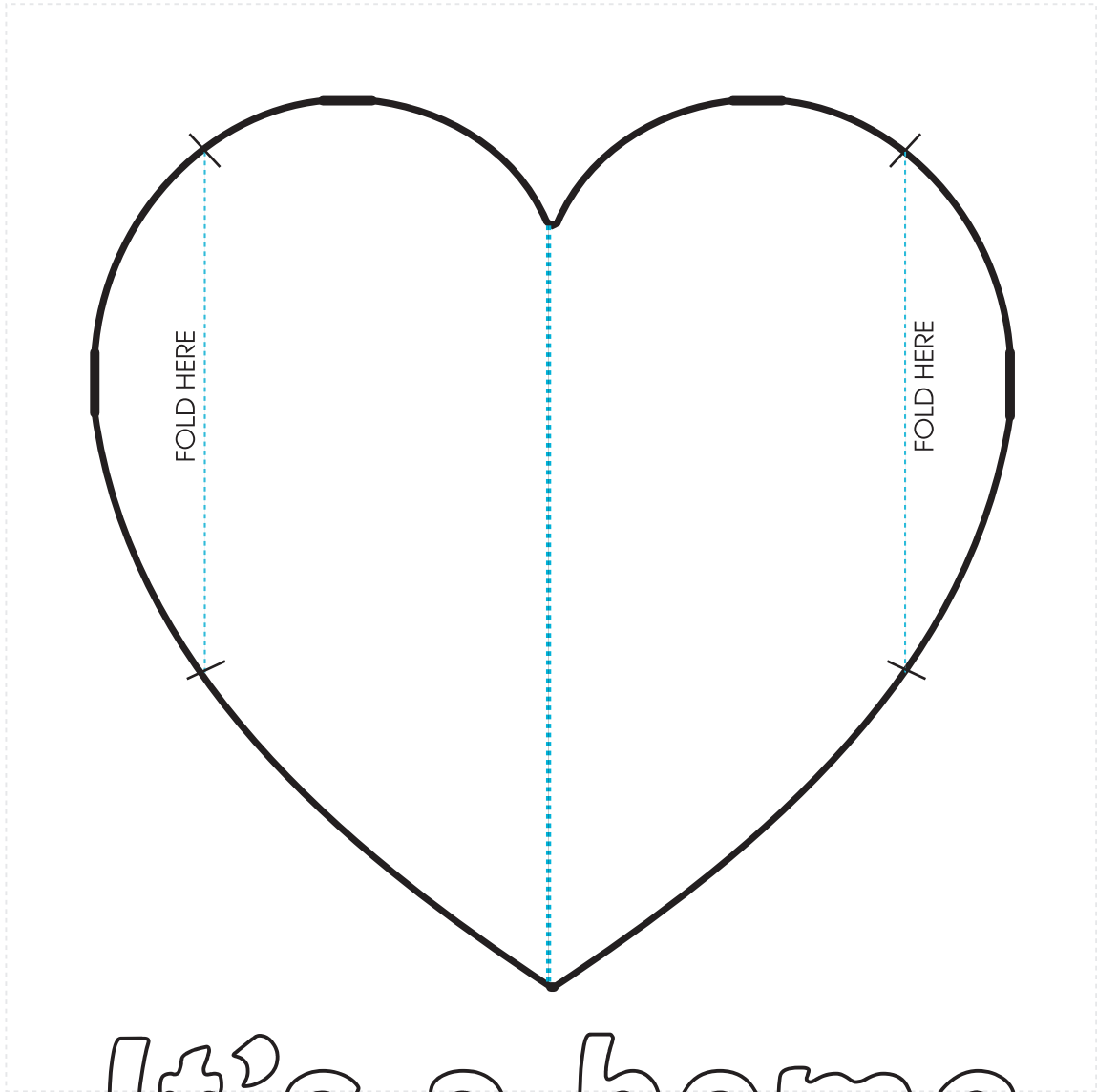


ACTIVITY SHEET 2A - Use with Activity Sheet 2B

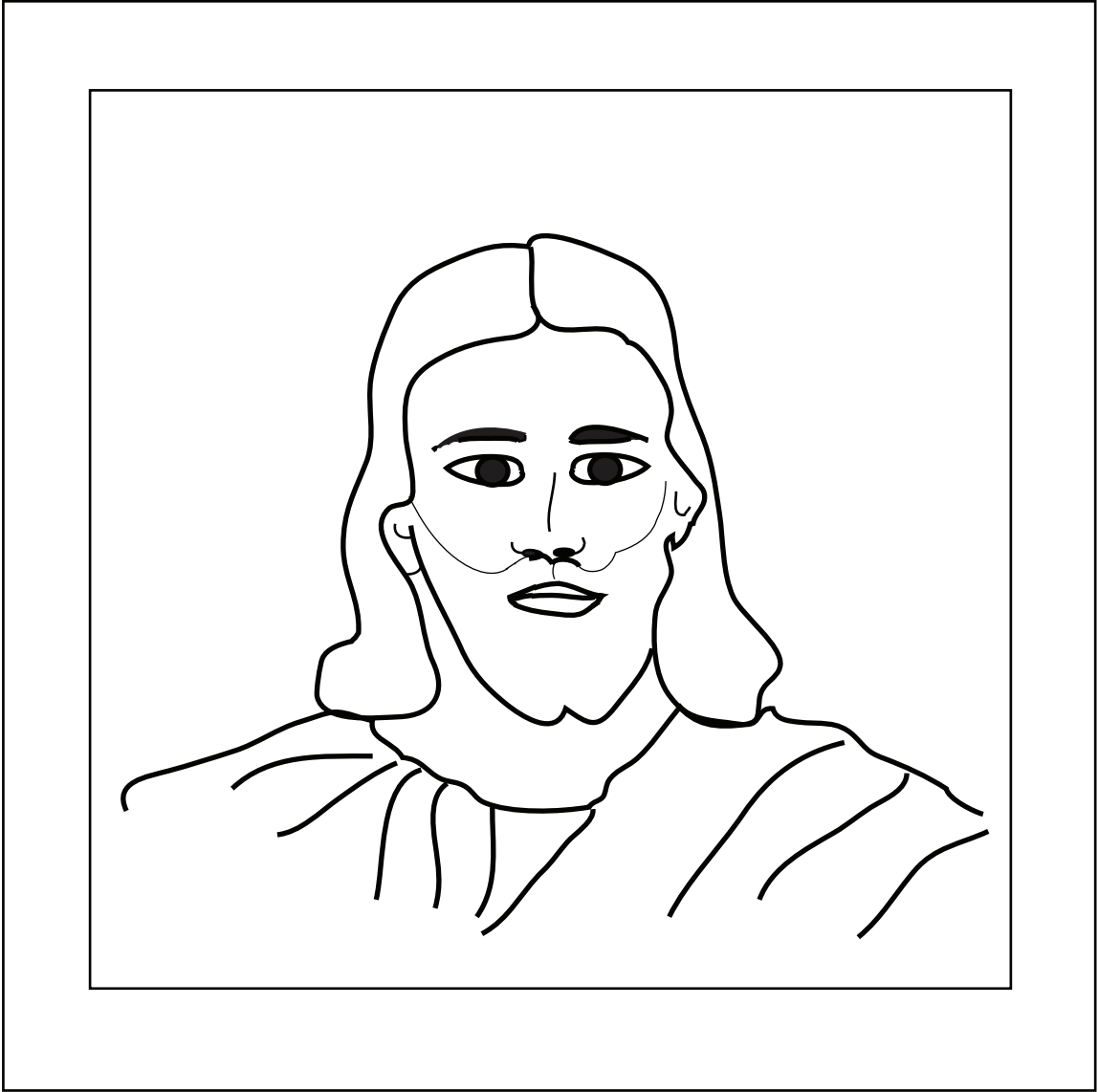
Memory Text: *Proverbs 4:23 - Above all else, guard your heart for it is the wellspring of life.*

Guard your heart.



It's a home for Jesus!

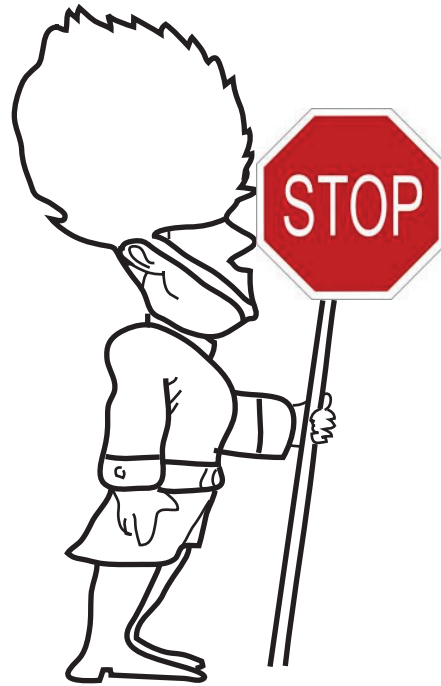
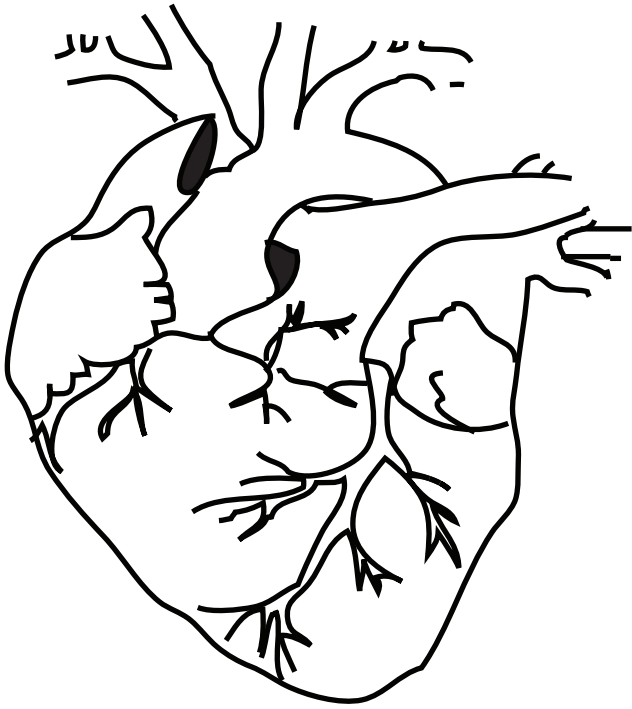
ACTIVITY SHEET 2B - Use with Activity Sheet 2A



ACTIVITY SHEET 3

Memory Text: Proverbs 4:23 - Above all else, guard your heart for it is the wellspring of life.

Guard Your Heart!



Unscramble the things that cause damage to the heart and match to the picture. ● Then write the numbers on the line under the scrambled words to indicate the damage that it may cause. (There may be more than one answer.)

maatpemhnise (desep) ●



1. raises blood pressure

feafcnie



2. enlarges the heart

acecino



3. increased heart/pulse rate

eiinntoc



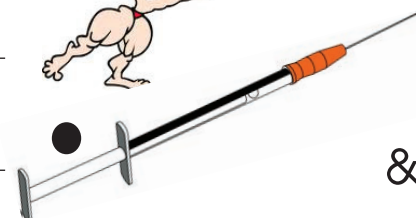
4. ruptured blood vessels

rihone



5. greater risk of heart attack/stroke

disrotse



6. coronary artery disease

7. arterial ulcerations
& inflammation of valves/lining