EIGHT HEALTHY LIFE PRINCIPLES

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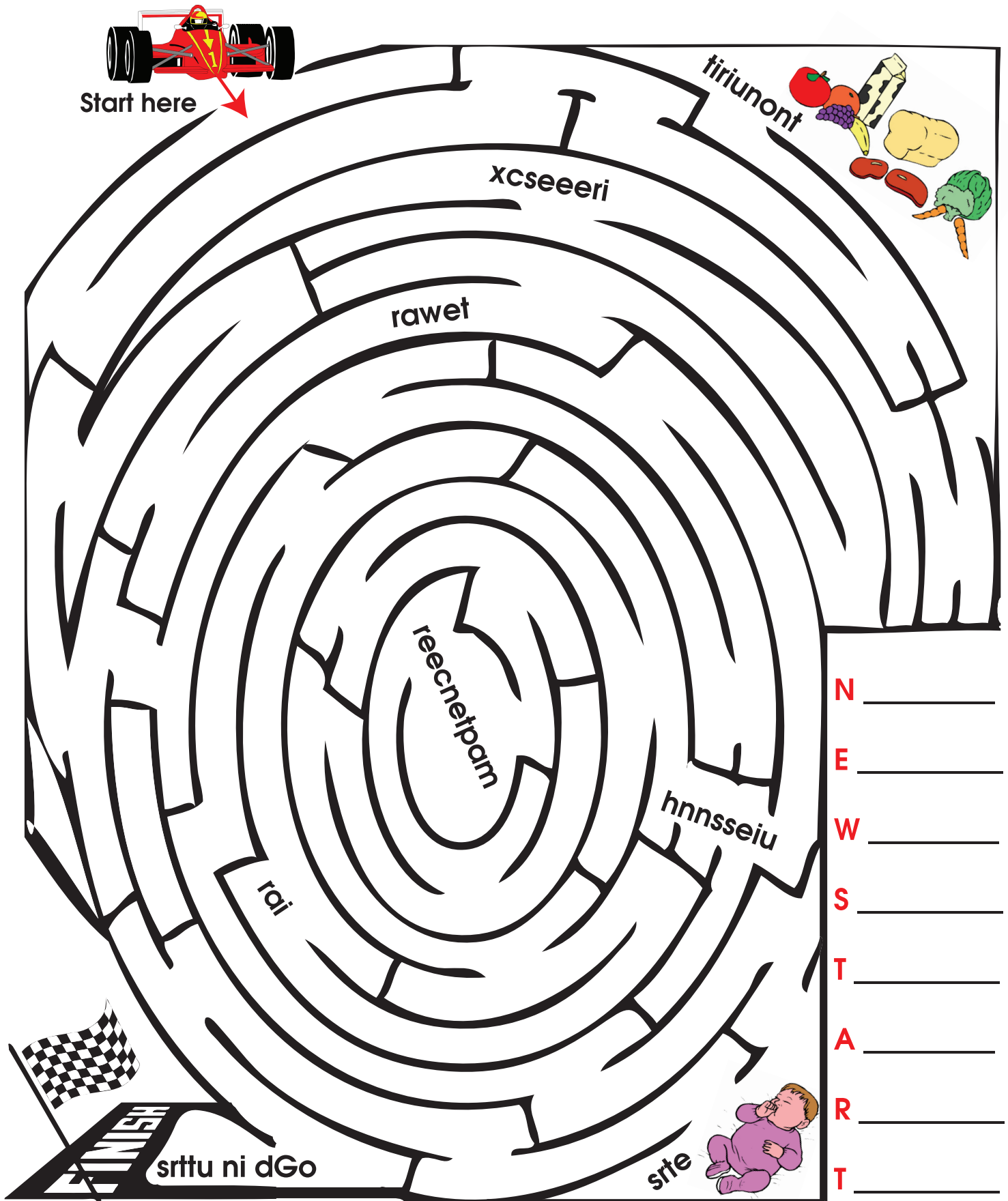*Find your way through the maze to discover the 8 principles of a healthy life
which give us a NEWSTART each day.
Unscramble the principles and write them above.*